

St. John the Evangelist Catholic Academy

part of *St. Gabriel the Archangel Catholic Multi-Academy Trust*

"Lord be thy word my rule."

Principal: Mrs H. Rigby BSc(Hons), PGCE, NPQH

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Monday 30th March 2026

Dear Parents and Carers,

No Nuts Policy

St. John's has a pupil and a member of staff who are allergic to nuts (variety of types) and due to this we need to operate a **strict no-nuts policy**. This is essential to ensure the safety and wellbeing of members of our school community, including **the child and the member of staff who have severe nut allergies**.

To help us keep everyone safe, please ensure that **no nuts or nut-containing products** are brought into school. This includes, but is not limited to:

- Peanut butter or Nutella sandwiches
- Cereal bars containing nuts
- Biscuits, cakes, or pastries containing nuts
- Snack pots or mixes with nuts
- Any other food item listing nuts as an ingredient

We know that some products say "may contain nuts", please do not worry about these as long as there are no nuts as a direct ingredient in the product.

We appreciate that this may require extra care when preparing packed lunches or snacks, and we are grateful for your support in keeping our school environment safe for all.

If you have any questions or are unsure whether a product is suitable, please speak to a member of staff or the school office who will be happy to help.

Thank you for your continued support.

Yours sincerely

Mrs H Rigby
Principal