



MENTAL HEALTH SUPPORT TEAM



Name:
Lucy

Education Mental Health Practitioner



All About Me

I'm passionate about supporting young people with their mental health and wellbeing, and I've been lucky enough to do so as my job for the last four years.

Likes: Music, Flowers, & Cake.
Dislikes: Heights & Being Cold.
Favourite Animal: Wombat
Favourite Colours: Yellow & Lilac



Top Tips for Life

Every day is a chance for a fresh start

Comparison is the thief of joy

Believe in yourself! 😊



Hobbies/Interests

- Baking
- Journaling
- Going to the cinema
- Scrapbooking
- Spending time with friends & family
- Going to music concerts

If you would like to know more, please speak to your School Mental Health Lead or email: mhstenquiries@combined.nhs.uk